

2009 Southern Ohio Swim League Policies and Procedures

1. Current USA Swimming Short Course Rules will prevail EXCEPT:
 - a. False starts will be recalled. One false start shall be allowed per swimmer. The second false start in that event will constitute a disqualification.
 - b. Scoring for dual meets shall be:

<u>Relays</u>	<u>Individual</u>
1st – 4 points	1st – 4 points
2nd – 0 points	2nd – 2 points
	3rd – 1 point
 - c. A swimmer may participate all season in the swimmers June 1st age group.
 - d. The Head League Official shall enforce all applicable rules and shall decide all questions relating to the actual conduct of the Championship meet and his/her decision shall be final.
2. Age Groups will be 6-and-under (no points), 7-8, 9-10, 11-12, 13-14 and 15 & over.
3. All swimmers swim for points except during 6-and-under events. 6-and-under events are exhibition only and will not be DQ'd. NOTE: Points will be given out to the first three (3) places.
 - a. No team may sweep an event for points. No more than six (6) points per individual event, per team. Only legal swimmers get points.
 - b. A team that has a legal swimmer scores at least one point. However, ribbons are awarded for place finishes.
4. Ribbons will be given out to the top six (6) swimmers in individual events and the top three (3) teams in relay events. NOTE: Teams wishing to give ribbons for more places or other reasons are allowed. Participation ribbons will be given to every swimmer not placing or receiving an individual event place ribbon for dual meets. Participation ribbons will be supplied by individual teams.
5. Swimmers may swim up to complete a relay. All relays must be made up of at least 50% swimmers from that particular age group. If a swimmer swims up for an individual event, the swimmer must swim that age group for the entire meet.
6. Swimmers may participate in a maximum of three (3) individual and two (2) team events.
7. Sexes shall not be mixed in relay events.
8. Every club must follow USA Swimming rules concerning backstroke flags and the fifteen meter rule as pertains to the lane lines. Recall ropes will be used and are mandatory at all meets.
9. Home teams will swim in the even numbered lanes.
10. Girls will swim in the odd-numbered events, boys in even-numbered events..
11. A meet shall consist of at least one half of the scheduled events.
 - a. If a dual meet is canceled, it is up to the League Representatives to reschedule.
 - b. If a championship meet is canceled, it will be continued on the rain date.
 - c. If conditions exist posing a safety hazard to swimmers then it will be left up to the discretion of League Representatives and/or pool management to call the meet.
12. Ribbons for dual meets will be supplied by the home team, as are participation ribbons.
13. Ribbons for the League Championship will be supplied by the league.

14. To be eligible for participation in the championship meet, a swimmer must have participated in at least two (2) dual meets.
15. There should be three (3) timers assigned per lane for all meets. The home team is to provide two (2) timers and the visitor one (1). The middle time will be used as the official time unless:
 - a. Only two (2) times are available, then an average time will be used.
 - b. If two (2) of the three (3) timers get the same time, then that time will be used.
16. Prior to June 1st of each swim season, each team shall file a copy or certificate of insurance with the league president, which shows coverage for all participants at home meets.
17. All deck officials (stroke judges) shall be Southern Ohio Swim summer league certified, YMCA, NCAA or USA Swimming certified. Starters are required to be certified as an official.
18. Each team is required to have at least three (3) certified officials and their names shall be filed with the league president.
19. A step up relay (a boy and girl from each age group per team) may be swam, time permitting, at the end of each dual meet. No points or ribbons will be given for the event.
 - a. A step up relay may be swam at the League Championships, time permitting.
20. Eligibility of swimmers shall be at a minimum be restricted to children 18 years of age or younger as of June 1st.
 - a. Although there is no minimum age, swimmers must be able to swim 25 meters unassisted.
 - b. 6-and-unders are allowed assisted swimming for the first three meets in 6-and-under events only. No awards or placement will be given for assisted swimmers. There will be no assisted swimming for League Championships. No flotation devices will be allowed during any league meet.
21. Each team shall provide results of their home meets to the League President at the League Championship Meet.
22. All head coaches are required to attend a referee/official certification clinic.
23. All swimmers must go to Clerk of Course at all meets. Failure to report to Clerk of Course may result in the swimmers disqualification of the event.
24. Entries for league championships will be due by the date specified in the meet packet. Teams will receive a review packet (Psych Sheet) after all teams are entered and seeded. After teams receive the review packet they will be permitted to submit one set of changes to the hosting team.
 - a. Changes are due within 24 hours of receiving the review packet. The specific time changes are due will be specified in the review packet e-mail. No changes will be taken after that time.
 - b. This set of changes may include unlimited fixes of sex and age. It may also include unlimited time changes that increase the entry times (fixing obvious errors) but may not lower entry times.
 - c. Each team will be allowed 1 swimmer event entry (or change of events) in this submission. It is permitted that this be either a late entry or an event change, but is limited to 1 swimmer and 1 event only.
25. Championship relays will be limited to two official entries per team. The league may allow additional exhibition entries when championships are hosted at an 8 lane pool. All official entries will be swam in the first two heats.
26. Championship Fees. All teams will pay three dollars per individual participating in Championships. Amount will be paid to the League President at the Championships and are intended to help offset pool costs for the hosting team. The hosting team will receive \$1500. Any funds collected above this amount will go into the league account.